

Earth heart[®]

plant inspired remedies

Essential Botanicals

Because dogs savor the world through scent, we make gently aromatic plant-inspired remedies that comfort dogs and their humans without overwhelming their sensibilities.

	PLANT NAME	PHYSICAL USES	EMOTIONAL USES	PRECAUTIONS
	Bergamot (<i>Citrus bergamia</i>) essential oil	Bacterial, viral & fungal infections	Balancing for panic, snappiness, depression, frustration & irritability	Avoid sun for an hour after application
	Cedarwood (<i>Cedrus atlantica</i>) essential oil	Insect repellent (mosquitoes, fleas, flies), hair loss, circulatory, respiratory, skin, kidney issues	Calming, balancing when fearful or timid	
	Frankincense (<i>Boswellia carterii</i>) essential oil	Immune system support, skin & respiratory conditions	Promotes a calm state of mind & slows breathing when nervous or fearful	
	Geranium Rose (<i>Pelargonium graveolens</i>) essential oil	Skin care, hormonal imbalance, fungal infections, insect repellent (lice, ticks)	Calming & balancing for moodiness, depression, fear, insecurity	Possible sensitizer
	Ginger Root (<i>Zingiber officinale</i>) essential oil	Nausea, vomiting, muscle & joint pain, respiratory congestion or infection	Depression, lack of confidence	Use highly diluted to prevent skin irritation
	Lavender (<i>Lavandula angustifolia</i>) essential oil	Inflamed & irritated skin, wounds, itching, fever, palpitations, infections	Stress, fear, restlessness, agitation, shyness, shock, moodiness	
	Marjoram, Sweet (<i>Origanum majorana</i>) essential oil	Muscle & digestive cramps, palpitations, excess sexual energy, substitute for Tea Tree	Relaxing & grounding for grief, worry, nervousness	Avoid use with low blood pressure
	Neem Seed (<i>Azadirachta indica</i>) plant oil	Joint & muscle pain, eczema, ringworm, scabies, insect repellent & insecticide		Use caution during pregnancy
	Niaouli (<i>Melaleuca quinquenervia viridiflora</i>) essential oil	Immune system support, first aid, allergies, bacterial, fungal & viral infections		
	Ravensara (<i>Ravensara aromatica</i>) essential oil	Immune system support, fatigue, viral & bacterial infections	Overwhelm	
	Tangerine (<i>Citrus reticulata</i>) essential oil		Calming & uplifting for stress, depression, fear	Avoid sun for an hour after application
	Ylang Ylang (<i>Cananga odorata</i>) essential oil	Hypertension, low libido, sensitive skin or hair loss, nervous bladder	Nervousness, insecurity, lack of confidence	



Made in the USA 

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USE & SAFETY TIPS

- Pure essential oils are highly concentrated and must be diluted before using.
- Keep essential oils and aromatherapy products out of reach of pets and children.
- Do not use essential oils with birds, fish, reptiles or small mammal and rodent habitats.
- Keep essential oils away from eyes, ears, nostrils, anal and genital areas. If essential oils do contact these areas, wash with milk or yogurt.
- Undiluted or high percentages of essential oils can overwhelm your dog's sense of smell, cause systemic sensitization, and irritate the skin or lungs.
- Diffuse in well-ventilated areas for short periods of time: 15 minutes 1-2 times daily can be sufficient. Place diffusers away from bird cages and fish tanks, and make sure cats can easily leave the area.
- Store essential oils and products away from direct heat and sunlight. Undiluted essential oils should only be stored in glass bottles, and diluted aromatherapy products can be stored in glass or PET plastic.
- There is no regulatory agency that grades essential oils: labels indicating therapeutic-grade, pharmaceutical-grade or medical-grade is merely a marketing ploy.
- The use of essential oils does not replace qualified veterinary consultation or treatment.

	CANINE CALM	GUARD WELL	TRAVEL CALM	BUZZ GUARD
 Bergamot (<i>Citrus bergamia</i>)	✓			
 Cedarwood (<i>Cedrus atlantica</i>)				✓
 Frankincense (<i>Boswellia carterii</i>)		✓		
 Geranium Rose (<i>Pelargonium graveolens</i>)	✓		✓	✓
 Ginger Root (<i>Zingiber officinale</i>)			✓	
 Lavender (<i>Lavandula angustifolia</i>)	✓		✓	
 Marjoram, Sweet (<i>Origanum majorana</i>)	✓		✓	
 Neem Seed (<i>Azadirachta indica</i>)				✓
 Niaouli (<i>Melaleuca quinquenervia viridiflora</i>)		✓		
 Ravensare (<i>Ravensara aromatica</i>)		✓		
 Tangerine (<i>Citrus reticulata</i>)	✓		✓	
 Ylang Ylang (<i>Cananga odorata</i>)	✓			

EARTH HEART PRACTICES RESPONSIBLE AROMATHERAPY™

- Situations (and dogs) are unique: Using a highly diluted product allows you to control the amount and frequency of dosage to use the least amount needed for the desired result.
- Resource protection: Diluting essential oils prevents the overharvesting of plants from both overuse and exploitation of depressed economies.
- Protect physical health: Some essential oils are irritating to skin and mucous membranes when used in high concentrations.
- Less is more: Trained (certified, registered, clinical) aromatherapists promote minimal exposure to prevent sensitization through controlled dosage and dilution.
- Cost effective: Diluting essential oils is not only safer, it's also more affordable.



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